

# **Study Skills Class**

Teacher: Ms. Stina Borth

**Welcome to study skills class!** Below are some frequently asked questions that may help you understand what study skills class is like.

## **What is study skills class?**

This class has three purposes:

1. To provide resource students with re-instruction in academic areas of reading, writing, and math skills as noted on the IEP.
2. To instruct students in study skill strategies of organization (use of planner, long-term projects), time management, active listening techniques, self-advocacy skills, memory techniques, and self-awareness activities.
3. To assist students with homework assignments that may need more explanation or re-teaching.

## **What is the resource teacher's job?**

My job is to support resource students so that they can be successful in the general education classes. This goal may be accomplished through being your student's advocate, tutor, missing work monitor, brainstorming problem solver, and motivator. I also oversee your child's general education program, and ensure that he/she is working toward specific goals on the IEP.

## **What does a typical study skills class look like?**

During the daily 52-minute period, students complete a bellwork activity in which they review a previously taught skill. Then they begin a 20-25 minute instructional lesson on a study skill strategy or content area re-teaching. After that, the students use their planners to copy down the daily assignments and complete a teacher-student conference in order to receive support and feedback related to organization. Students begin working on their study goal, receiving assistance as needed. This is the time set aside for me to work with the children on an individual basis wherever the need may be. The students set an academic goal with me in their area of weakness at

the beginning of the year. If they have no other study goal for the day, this is the area of focus.

### **When is the teacher available to students outside of study skills class?**

I am available to students each Wednesday morning during academic assistance. Your child is also welcome to make an appointment in order to have extra assistance in any area.

### **How can I contact the teacher?**

You can leave a message for me in the office at (520) 209-8200 or email me at [cborth@cfsd16.org](mailto:cborth@cfsd16.org).

### **Some Resources:**

- <http://msborth.weebly.com/> (Ms. Borth's teacher website)
- [allkindsofminds.org](http://allkindsofminds.org) (M. Levine's website for kids who have different ways of learning)
- [painstresscenter.com](http://painstresscenter.com) (website for information on children's nutrition, anxiety, ADHD, depression)
- [mobymax.com](http://mobymax.com) ( a website for skills practice)
- [arcademics.com](http://arcademics.com) (a website for skills practice)

### **Please take note:**

- Planners are a necessary tool for students in 7<sup>th</sup> and 8<sup>th</sup> grade (please make sure your student has one for this school year – either purchased through the front office or any local store).
- **2016/2017 Study Skills Class Supply Wish list** : A list of classroom supplies is available for students/parents to sign up to donate for student use within the study skills classroom through a hyperlink posted on Ms. Borth's website (<http://msborth.weebly.com/> ) labeled "2016/2017 Study Skills Class Supply Wish List".

**Please do not hesitate to contact me.**

**You know your child best. If you are seeing academic problems or concerns at home, then the sooner I know, the sooner we can work together on a solution.**